LENS BIBLIOGRAPHY

LENS Condition-Organized Reference Guide

ABOUT THIS GUIDE

References are grouped by clinical condition and topic. Multi-condition sources are cross-listed when useful. Source-type labels distinguish peer-reviewed research from books, reviews, case reports, conference papers, dissertations, unpublished materials, and personal accounts.

This document is an organizational resource, not an evidence appraisal or statement of clinical efficacy.

References by clinical condition and topic

01 ADD / ADHD
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18 Veterinary / Animal Applications
19 General LENS / Neurofeedback Foundations
20 Clinical Outcomes, Protocols and Safety

01 ADD / ADHD

BOOK EXCERPT Hallowell, E. M., & Jensen, P. S. (2010). Superparenting for ADD (pp. 162-164). New York, NY: Ballantine Books. View online source

PEER-REVIEWED ARTICLE Cripe, C. (2007). Effective use of LENS unit as an adjunct to cognitive neurodevelopmental training. Journal of Neurotherapy, 10(2-3), 79-87. View online source

MULTI-CONDITION BOOK Larsen, S. (2012). The neurofeedback solution: How to treat autism, ADHD, anxiety, brain injury, stroke, PTSD and more. Rochester, VT: Healing Arts Press. View online source

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02 Addiction Disorders

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03 Anxiety

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04 Autism Spectrum

UNPUBLISHED PAPER Miller, J. A. (2014). Neurotherapy for Autism Spectrum Disorder children. Unpublished paper. View online source

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05 Chronic Fatigue / Fibromyalgia

CLINICAL STUDY Donaldson, C. C. S., Sella, G. E., et al. (1998). Fibromyalgia: A retrospective study of 252 consecutive referrals. Canadian Journal of Clinical Medicine, 5(6), 116-127. View online source

CLINICAL ARTICLE Donaldson, C. C. S., Sella, G. E., & Mueller, H. (2001). The neural plasticity model of fibromyalgia: Theory, assessment, and treatment. Practical Pain Management, Part One, May/June. View online source

PEER-REVIEWED COMMENTARY Esty, M. L. (2007). Reflections on FMS treatment, research, and neurotherapy: Cautionary tales. Journal of Neurotherapy, 10(2-3), 63-68. View online source

RANDOMIZED CONTROLLED TRIAL Kravitz, H. M., Esty, M. L., Katz, R. S., & Fawcett, J. (2006). Treatment of fibromyalgia syndrome using low-intensity neurofeedback with the Flexyx Neurotherapy System: A randomized controlled clinical trial. Journal of Neurotherapy, 10(2-3), 41-58. View online source

CLINICAL OUTCOMES STUDY Mueller, H. H., Donaldson, C. C. S., et al. (2001). Treatment of fibromyalgia incorporating EEG-driven stimulation: A clinical outcomes study. Journal of Clinical Psychology, 57(7), 933-952. View online source

PEER-REVIEWED CASE REPORT Nelson, D. V., & Esty, M. L. (2016). Neurotherapy as a catalyst in the treatment of fatigue in breast cancer survivorship. Explore: The Journal of Science and Healing, 12(4), 246-249. View online source

PEER-REVIEWED CLINICAL STUDY Nelson, D. V., Bennett, R. M., Barkhuizen, A., Sexton, G. J., Jones, K. D., Esty, M. L., Ochs, L., & Donaldson, C. C. S. (2010). Neurotherapy of fibromyalgia. Pain Medicine, 11, 912-919. View online source

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06 Cognitive Decline / Cognitive Function

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07 Depression

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08 Seizures / Epilepsy

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09 PTSD / Developmental Trauma

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10 Sleep

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10 TBI / Brain Injury / Stroke

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13 Fetal Alcohol Spectrum Disorder / Neglect

CASE REPORT Hammond, D. C. (2012). LENS neurofeedback treatment with fetal alcohol spectrum disorder and neglect. Journal of Neurotherapy, 16(1), 47-52. View online source

14 Pain / Chronic Headache / Myofascial Conditions

Fibromyalgia-specific references are collected in the Chronic Fatigue / Fibromyalgia section.

PEER-REVIEWED ARTICLE Donaldson, C. C. S., Nelson, D. V., et al. (1998). Disinhibition in the gamma motor-neuron circuitry: A neglected mechanism for understanding myofascial pain syndromes. Applied Physiology & Biofeedback, 23, 43-58.

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15 Neurological and Physical Function

This section includes references related to balance, incontinence, swallowing, and anosmia.

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17 Parkinson's Disease / Multiple Sclerosis / Other Neurological Conditions

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18 Veterinary / Animal Applications

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19 General LENS / Neurofeedback Foundations

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BOOK Robbins, J. (2013). A symphony in the brain: The evolution of the new brain wave biofeedback (updated ed.). New York, NY: Grove Press. View online source

PERSONAL ACCOUNT Wodtke, D. (2018). Malware removal - my healing journey with the LENS. Biofeedback, 46(4), 97-98. View Part 1 | View Part 2

20 Clinical Outcomes, Protocols and Safety

These references address treatment protocols, clinical outcomes, adverse reactions, overtraining, and foundational treatment considerations.

CLINICAL OUTCOMES STUDY Larsen, S., Harrington, K., & Hicks, S. (2006). The LENS (low energy neurofeedback system): A clinical outcomes study of one hundred patients at Stone Mountain Center, New York. Journal of Neurotherapy, 10(2-3), 69-78.View online source

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